



Re-founded 1555

Ripon Grammar School

Helping shape the future since 1555



31 January 2019

Food and Nutrition Visit to London Borough Market on Tuesday 16th July 2019

Dear Parent,

As part of the Home Economics Food and Nutrition GCSE course, it is important that students have a wide appreciation of where our food comes from, as well as an awareness of the different types of dishes which are currently in vogue. A visit to London Borough Market is possibly one of the country's best ways to meet this objective. It is rich in cultural history as well as having a vast trading area. Three Crown Square, the market's largest trading area, is devoted to fresh produce, including fruit, vegetables, meat, fish and cheese, whilst the spaces around the periphery offer a colourful and eclectic blend of foodstuff from all over the world.

To this end, I have arranged a trip to this market for GCSE Food and Nutrition students on Tuesday 16th July. The day will be spent in the market where students will have the opportunity to learn more about how artisan foods are produced, including rare breed meats such as ostrich and crocodile, charcuterie and gourmet seasonings. Borough Market provides an eclectic range of multi-cultural street food which serves to enhance students' knowledge of ingredients from different cultures and backgrounds.

I have recently been investigating bread-making courses which are available to students and there is a highly regarded one at Borough Market called "Breadahead." They have offered us two practical classes on this day as they can take up to 15 students at a time (ie for 30 students only). Students will learn the art of artisan bread-making as well as being given an insight into sourdough. To attend this course the bakery charge £15 per student and this will include tuition fees, ingredients and the bread made to take away. It is anticipated that this London trip will prove extremely popular, as it has always done in the past, and there are currently 43 students studying GCSE Food and Nutrition, with only 30 places available for the bread-making course. I would therefore ask you please to indicate if you would wish your son/daughter to attend this course so that I can confirm numbers back to the bakery by **8th February**. [However there are places for all 43 students to go the market].

Please note that a £15 deposit for the bread-making course will be required via **Parentpay** to secure your child's place, once I have confirmed this to you.

I am still in the process of finalising trains in order to secure the cheapest price. However I anticipate departing from Harrogate train station at approximately **7am** and would hope to arrive back into Harrogate by **8pm**. It would be economically beneficial if parents could take their son/daughter to the train station as well as collect them at the end of the day. If this is not possible, I will factor in a minibus into the total cost of the trip for those parents who would prefer to drop and pick up their son/daughter from Ripon Grammar School.

Headmaster: Mr. Jonathan M. Webb, MA (Cantab).

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The cost of the trip will be **approximately £90 per person** depending on the price of the train ticket. (I will be in a better position to give a more accurate cost once the tickets have been purchased.) This would also include the London underground tube ticket. In order to proceed, I would be grateful if you could sign the permission slip below and return this back to me no later than Friday 8th February.

If you have any questions regarding this trip, please do not hesitate to contact me on my school email address soldenl@ripongrammar.co.uk

Yours sincerely

Mrs L Solden
Teacher of Food and Nutrition

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Home Economics Visit to London Borough Market Tuesday 16th July 2019

Student's name (please print).....Form.....

I do/do not (delete as applicable) give permission for to

attend the visit to London Borough Market on Tuesday 16th July 2019.

I would/ would not wish them to attend the bread making course at £15 per student

I can confirm that I will be able to take and collect my son/daughter from Harrogate train station Yes/No

I can confirm that I will be able to take and collect my son/daughter from Ripon Grammar School Yes/No

Signed.....

Headmaster: Mr. Jonathan M. Webb, MA (Cantab).

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